

**Square Foot Veg Growing  
Plant Spacing, Cropping Time & Yield**

<b>Crop</b>	<b>Plants/square</b>	<b>Time to cropping (weeks)</b>	<b>Yield per plant</b>
Asparagus	1 plant		Up to 20 spears
Aubergine	1 plant	18-20	4-6 fruit
Beans (bush) (Repeat sowing)	4 or 9 plants	8-14	125g (0.25lb)
Beans (climbing) (Repeat sowing)	4 plants	12-14	2kg (4.5lb)
Beans (broad) (Repeat sowing)	4 plants	10-14 (spring sown) 25 (autumn sown)	300g (0.7lb)
Beetroot (Successional sowing)	9 plants	10-15	
Broccoli & Calabrese	1 plant	42-45 12-15	700g (1.5lb)
Cabbage Spring Summer Winter	4 plants 1 plant 1 plant	32-36 20-36 20-36	340g-1.3kg (0.75-3lb)
Carrot (Successional sowing)	16 plants	10-16	
Cauliflower	1 plant	18-25	450-900g (1-2lb)
Celery	1 plant	25-35	
Cucumber (vine)	1 plant with underplanting	12-14	6-10 fruit
Garlic	4 or 9 plants	22-32	8-12 cloves
Kale	1 plant	30-36	900g (2lb)
Leek	4 plants	30-45	

Lettuce ((heading) (Successional sowing)	4 plants, thinned to 2 plants	6-12	
Lettuce ((loose-leaf) (Successional sowing)	4 plants	5-10	200-250g (0.5lb)/square
Onion	4 or 9 plants	20-24	125g (0.25lb)
Onion (spring)	16 plants	4-8	
Oriental leaves/Mustard greens (Successional sowing)	16 plants, thinned to 4 plants		200-250g (0.5lb)/square
Parsnip	4 plants	32-35	
Pea (Repeat sowing)	9 plants	11-16 (spring sown) 30-35 (autumn sown)	450g (1lb)/square
Pepper Chilli pepper	1 plant	18-20 (up to 24 for hot chillies)	5-10 fruit Dozens
Potato Earlies Maincrop	1 plant	13+ 22	500g (1.2lb) 1kg (2.5lb)
Radish Summer (Successional sowing) Winter	16 plants 4	3-6 Up to 12	
Rocket (Successional sowing)	9 plants or thinned to 4 plants	4-8	200-250g (0.5lb)/square
Salad leaves (Successional sowing)	16 plants or thinned to 4 plants	4-8	200-250g (0.5lb)/square
Spinach	16 plants, thinned to 4 plants	8-12	100-200g (0.25-0.5lb)
Swede	4 plants	20-25	
Sweetcorn	1 plant	14-18	1-2 cobs
Swiss chard (Repeat sowing)	4 plants	12	300g (0.7lb)

Tomato (bush)	1 plant	16-20	Up to 4.5kg (10lb)
Tomato (vine)	1 plant with underplanting	16-20	Up to 4.5kg (10lb)
Turnip (Successional sowing)	9 plants	6-12	

### Larger plants

<b>Crop</b>	<b>Plants/square</b>	<b>Time to cropping (weeks)</b>	<b>Yield per plant</b>
Brussels sprouts	1 or 2 squares	28-36	900g (2lb)
Courgette	3 or 4 squares	10-12	Up to 20 fruit
Marrow	3 or 4 squares	10-12	3-4 fruit
Pumpkin	3 or 4 squares	20-24	3-4 fruit
Squash (summer)	3 or 4 squares	10-12	4-12 fruit
Squash (winter)	3 or 4 squares	20-24	3-6 fruit