

# **Tried & tested** *kneelers*

### GN consumer expert **Geoff Hodge** trials a selection of garden kneeler stools and pads

prepared to pay.

ARDENERS spend a lot - of time on their knees, whether it's planting out bulbs, bedding and other small plants or weeding. Our knees, calves and shins take a lot of stress and strain throughout an average year. Anything that reduces the stress. the pressure (and the pain) has to be a good thing.

Kneeler pads are fabulous for making gardening easier. Also when weeding gravel paths something that cushions the pain of sharp edges and rough surfaces is essential. I have some problems

with my knees and tend to crouch or kneel on one knee, which isn't the best way to garden.

But sometimes where mobility is even more reduced, getting up and down to do these essential iobs can be difficult or even impossible. Kneeler stools have handles on either side, which support your weight while you settle vourself down or get back up from the kneeling position.

And as they also turn into seats when used the other way round, they're perfect for taking a little rest or when doing jobs sitting

down, such as working in the potting shed or greenhouse. Stools also have the advantage that the pads are raised a few inches off the ground, so they don't get dirty or wet.

#### The test

I tested the kneeler stools and pads on the lawn for weeding the nearby border and on an uneven, hard gravel path.

When testing the stools, I was looking for ease of use, whether I felt safe using them to support my upper torso weight when getting

down into the kneeling position and how stable they were when used as a seat.

To be honest, there wasn't a great deal of difference between the pads. They all worked really well and were definitely much better than having nothing to make me more comfortable - especially, as you can imagine. on the gravel! They all have their plus points and much depends on whether you like a harder kneeling surface or a soft one and how much vou are

#### WIN OUR 'BEST BUY' KNEELING PADS

We have five Bosmere Folding Garden Kneeler Stools and 10 Yeon KneelAIR 'best buys' to give away! Send your name and address to **BEST BUY** Garden News Kneeler Giveaway, PO Box 57, Coates, Peterborough PE7 2FE or enter online at www.greatcompetitions

Closing date is August 14. Please write 'do not contact' if you don't want to be contacted by us or by carefully selected partner

GN



#### **GARDENING GEAR**

### **KNEELER STOOLS**

#### Bosmere Folding Garden Kneeler Stool £28.99

The legs fold up flat when not in use. The maximum recommended weight capacity is 100kg (15½ stone).

**Size** 59x25x49cm high (23¼x10x19¼in); sitting height 44cm (17¼in); seat/kneeling pad area 41.5x15cm (16¼x6in)

Ouality \*\*\*\*\* The frame is made from powder-coated steel. The seat and kneeler pad are made from EVA

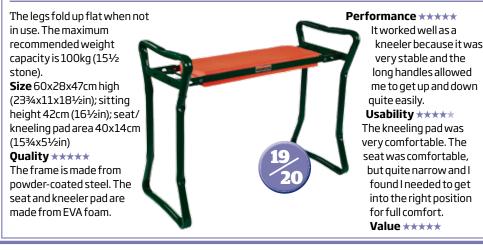
Performance \*\*\*\*\*

It worked well as a kneeler. It had good stability and the longest handles of the models on test allowed me to get up and down very easily. Usability \*\*\*\*\*

The kneeling pad was very comfortable. The



#### Town & Country Gardener's Kneeler & Stool £29.99



#### Draper Folding Kneeler & Seat £23.99

The legs easily fold up flat when not in use. The maximum recommended weight capacity for this is 125kg (19 stone).

**Size** 54x26x42cm high (21<sup>1</sup>/<sub>4</sub>x10<sup>1</sup>/<sub>4</sub>x16<sup>1</sup>/<sub>2</sub>in); sitting height 33cm (13in); seat area 39.5x22cm (151/2x83/4in); kneeling pad 37x19.5cm (14½x7¾in) Quality \*\*\*\*\*

The frame is made from powder-coated steel and has plastic protectors to help prevent scratching on hard surfaces. The seat is plastic and the kneeler pad

is EVA foam. Performance \*\*\*\*\* It worked well as a kneeler. However, as a stool it was fairly unstable.

Usability \*\*\*\*

The kneeling pad was comfortable, but the raised buttons holding it in place did dig into my knees and

### Ward Garden Kneeler £14.99

This kneeler is one piece plastic, so it doesn't fold up flat. When used as a stool, the hollow leas can be used to store gardening tools and equipment. The maximum recommended weight capacity is 100kg (15½ stone). Size 66x24.5x34cm high (26x9¾x13½in) sitting height 34cm

(13½in); seat area 40x24.5cm (15¾x9¾in); kneeling pad 30x20cm (11¾x8in)

Quality \*\*\*\*\* The frame and integ seat is made from

shins. The solid plastic seat became a little uncomfortable after a while Value \*\*\*\*\*



recycled plastic; the kneeler pad is made from rigid foam. Performance \*\*\*\*

It worked well as a kneeler. However, it was not that stable as a stool Usability \*\*\*\*\* The kneeling pad was comfortable, but the ridged seat could do with a cushion. The handle arips were uncomfortable when getting up and down. Value \*\*\*\*\*



**Over 3 million Beautiful Blooms** Gardening tips from Chris Beardshaw Headline performances from Oysterband Large Trade Stand Area Top-class Grade A Show Jumping The Marches Food Hall, Celebrity Chef James Martin Live Arena Entertainment with a Spectacular Firework Finale



## 10th & 11th August 2012

For more information call 01743 234050 or visit www.shrewsburyflowershow.org.uk Charity Number: 501564



lulv 31 2012 / Garden News 45